

## Confidential helpline & Support information

The **Active Change Foundation (ACF)** provides a confidential Helpline to prevent British national from travelling to conflict zones: **0208 539 2770**

Crimestoppers: **0800 555 111**

Haringey Council's Children and Young Peoples service:  
**0208 489 1000**

Immediate threat or harm to others: **999**

Anti Terrorist Hotline: **0800 789 321**

[www.internetmatters.org](http://www.internetmatters.org)

[www.ceop.gov.uk](http://www.ceop.gov.uk)

[www.bbc.co.uk](http://www.bbc.co.uk)

[www.childline.org.uk](http://www.childline.org.uk)

[www.cyberslime.org](http://www.cyberslime.org)

[www.childnet.com](http://www.childnet.com)



## Morning Star Nursery

**33 Forster Road  
Tottenham  
N17 6QD**

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[www.morningstarnursery.co.uk](http://www.morningstarnursery.co.uk)

020 8885 5449

"nurturing tomorrows young stars"



## Morning Star Nursery

*Keeping children and young people safe against radicalisation and extremism*

A guide and advice to help parents understand and recognise possible signs of radicalisation and extremism.

## **Why has this leaflet been produced?**

To offer advice and guidance to parents and carers who may have concerns about their children following recent high-profile cases involving young people who have become involved in dangerous extremist activity - in some cases leaving the country against the wishes of their families.

## **Recognising extremism**

Signs that a young person may be vulnerable to extremism or radicalisation may include:

- Out of character changes in dress, behaviour and peer relationships
- Secretive behaviour
- Losing interest in friends and activities
- Showing sympathy for extremist causes
- Possessing illegal or extremist literature
- Glorifying violence

## **Supporting children and young people to stay safe - tips for parents**

Communication is key

- Know where your child is and who they are with - and check this for yourself
- Know your child's friends and their families
- Keep lines of communication open, listen to your child and talk to them about their interests
- Encourage your child to take up positive activities with local groups that you can trust
- Encourage debate and dialogue about current affairs as this can enable young people to see different points of view.

- Encourage your child to show an interest in the local community and show respect for people from all faiths and backgrounds
- Help your child to understand the dangers of becoming involved in situations about which they may not have the full information
- Teach your child that expressing strong views and trying to change things for the better is fine, but taking violent action against others or supporting those that do is not appropriate

## **TV and Internet**

- Talk to your child about what they see on the TV or the internet, and explain that what they see or read may not be the whole picture
- Discuss the risks around internet use, networks and devices, reminding young people that everything is not always as it seems
- Be aware of your child's online activity and update your own knowledge
- Know what social media and messaging sites your child uses
- Remind your child that people they contact over the internet may be pretending to be someone else or telling them things that are not true

## **Getting Help and Prevention**

- If you have any concerns that your child may be being influenced by others, get help- talk to someone you can trust
- If you feel there is a risk of a child leaving the country, consider what precautions you could take to prevent travel. You should also consider what access your child has to savings accounts or gifts of money from family and friends.